



**taziki's**  
MEDITERRANEAN CAFE

# RALEIGH/CARY DINE-IN & TO-GO MENU

Holly Springs • 108 Grand Hill Place  
Raleigh-Bent Tree • 7901 Falls of Neuse Road, Suite 101  
Cary-Waverly Place • 302 Colonades Way, Suite 201  
Cary-Parkside Town Commons • 7161 O'Kelly Chapel Road

## DAILY FEATURES

Tuesday and Wednesday features are served with chips (160 cal) and choice of side

### MONDAY

Caesar Salad w/  
Grilled Shrimp

13.25 (700 cal)

### TUESDAY

Spicy Harissa  
Chicken Gyro

10.99 (610/770 cal)

### WEDNESDAY

Mediterranean  
Lamb Burger\*\*

12.49 (860/1,020 cal)

### THURSDAY

Soup &  
Salad

9.99 (650/870 cal)

## FRIDAY - SUNDAY SPECIAL

Taziki's Signature Pasta 10.99 (1,300 cal)

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in Balsamic Vinaigrette, topped with tomatoes, feta, and fresh basil. Served with a baked pita



## HOMEMADE DIPS

Served with baked or soft pita



### HUMMUS

with Pita

5.99 (850/930 cal)

with Veggies

6.99 (410 cal)

### SPICY HARISSA HUMMUS

with Pita

6.49 (850/930 cal)

with Veggies

7.49 (410 cal)

### TAZIKI DIP

with Pita

5.99 (660/740 cal)

with Veggies

6.99 (220 cal)

### WHIPPED FETA with honey drizzle

with Pita

6.99 (1,050/1,130 cal)

with Veggies

7.99 (610 cal)

# SALAD BOWLS

- Add Grilled Chicken (250 cal) +4.50, Chicken Kebobs (2) (280 cal) +5.00,
- Spicy Harissa Chicken (300 cal) +5.00, Grilled Salmon\*\* (340 cal) +8.00,
- Grilled Shrimp (290 cal) +5.00, Grilled Beef\*\* (330 cal) +5.50,
- Grilled Lamb\*\* (380 cal) +7.50

## Greek Salad

8.25 (460 cal)

Fresh mixed lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini, kalamata olives, and Greek dressing. Served with a baked pita chip

## Mediterranean Salad\*

8.25 (730 cal)

Fresh mixed lettuces, garbanzo beans, roasted red peppers, red onions, tomatoes, candied pecans, feta, and balsamic vinaigrette. Served with a baked pita chip

## Caesar Salad

8.25 (420 cal)

Fresh mixed lettuces, grated parmesan cheese, croutons, and Caesar dressing

## Greek Lemon Chicken Soup

5.49 (290 cal)

Served with soft pita

## KID'ZIKIS (12 & UNDER)

Served with a kids drink (0-180 cal), fresh-cut fruit (50 cal) or chips (150 cal) (except Child's Feast)

### Sneaky Taziki

5.49 (320 cal)

Chicken and cheddar cheese in a griddled tortilla

### Grilled Cheese Pita

4.99 (450 cal)

Cheddar cheese in a griddled pita

### Child's Feast

5.49 (360 cal)

Grilled chicken, basmati rice, and fresh-cut fruit

# BUILD YOUR OWN FEAST

- Served with one side, choice of salad, and a pita chip.



## 1

### PICK A PROTEIN

**Grilled Chicken** G **12.49** (420 cal)  
with Taziki sauce

GP **Chicken Kebobs** G **12.99** (450 cal)  
with Taziki sauce

**Spicy Harissa Chicken** **12.99** (460 cal)  
with Taziki sauce

**Grilled Beef\*\*** G **13.49** (660 cal)  
with Horseradish sauce

**Chargrilled Lamb\*\*** G **15.49** (610 cal)  
with Taziki sauce

**Grilled Salmon\*\*** G **15.99** (640 cal)

**Grilled Shrimp\*\*** G **12.99** (400 cal)

**Grilled Veggies** G V V **10.99** (380 cal)  
with Taziki sauce

## 2

### ADD A SALAD

**Greek Salad** G V V (110 cal)

**Mediterranean Salad\*** G V V (200 cal)

**Caesar Salad** G V V (80 cal)  
(no pita chip included)

## 3

### CHOOSE A SIDE

**Basmati Rice** G V (210 cal)

**Roasted Red Potatoes** G V V (190 cal)

# GYROS, PITA & MORE

- Served with chips (160 cal) and choice of Tomato-Cucumber Salad (60 cal),
- Basmati Rice (210 cal), Roasted Red Potatoes (190 cal), or Fresh-Cut Fruit (50 cal).


 **Grilled Chicken Gyro** **10.49** (520 cal)  
Taziki sauce, tomatoes, mixed lettuce, and grilled onions


**Spicy Harissa Chicken Gyro** **10.99** (560 cal)  
Taziki sauce, tomatoes, mixed lettuce, and grilled onions

 **Grilled Lamb Gyro\*\*** **12.49** (560 cal)  
Taziki sauce, tomatoes, mixed lettuce, and grilled onions

**Grilled Beef Gyro\*\*** **11.49** (590 cal)  
Taziki sauce, tomatoes, mixed lettuce, and grilled onions


**Chicken Basil-Pesto Pita\*** **10.49** (630 cal)  
Basil-pesto, tomatoes, and feta

**Grilled Veggie Pita\* ** **8.99** (650 cal)  
Pesto Aioli, tomatoes, grilled zucchini, squash, onions, roasted red peppers, and feta

 **Grilled Chicken Roll-Up** **10.49** (720 cal)  
Grilled chicken, tomatoes, and feta in a griddled tortilla, served with fresh salsa

**Chutney Chicken Sandwich** **10.49** (670 cal)  
Grilled chicken, Tomato Chutney Aioli, lettuce, and tomatoes on a kaiser bun

 **Grilled Beef Sandwich\*\*** **11.49** (800 cal)  
Grilled onions, melted Swiss, and Horseradish sauce on a kaiser bun

 **Mediterranean Lamb Burger\*\*** **12.49** (810 cal)  
Two griddle-cooked seasoned American lamb patties on a toasted kaiser bun with feta, sliced tomato, grilled onions and red peppers, and Taziki sauce



## FAMILY FEASTS FOR 4 OR 6

- Served with choice of Salad (250-350 cal) and choice of Basmati Rice (210 cal) or Roasted Red Potatoes (190 cal), and choice of baked (80 cal) or soft pita (110 cal).
- Calories listed by per person serving.

### Grilled Chicken

Served with Taziki sauce

4 - 42.99 • 6 - 61.99  
(250 cal) **G**

### Spicy Harissa Chicken

Served with Taziki sauce

4 - 44.99 • 6 - 63.99  
(310 cal)

### Grilled Chicken Kebobs

Served with Taziki sauce

4 - 43.99 • 6 - 62.99  
(280 cal) **G**

### Grilled Beef\*\*

Served with Horseradish sauce

4 - 54.99 • 6 - 79.99  
(340 cal) **G**

### Grilled Lamb\*\*

Served with Taziki sauce

4 - 54.99 • 6 - 79.99  
(390 cal) **G**

### Grilled Salmon

4 - 57.99 • 6 - 83.99  
(530 cal) **G**

### Grilled Shrimp

4 - 44.99 • 6 - 66.99  
(290 cal) **G**

**Add Fresh Grilled Veggies**  
to any Family Feast

4 - 7.99 • 6 - 11.99  
(80 cal) **G** **V** **V**



## SWEETS

\*Authentic Greek desserts proudly provided by

**HELLAS**  
AUTHENTIC GREEK  
BAKERY

Baklava* 	2.99 (350 cal)
Baklava Cheesecake* 	4.99 (440 cal)
Chocolate Chip Cookies 	1.99 (160-320 cal)

## DRINKS

Proudly serving Coca-Cola products

Fountain Drinks & Tea	2.79 (0/300 cal)
Bottled Water	1.99 (0 cal)

Indicates items that can be prepared gluten-free, vegetarian, or vegan, upon request.

 Gluten-Free  Vegetarian  Vegan  Taziki's Favorites

# FAMILY FEASTS ALSO AVAILABLE

# VISIT TAZIKIS.COM

\*\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

\*ALLERGEN WARNING: OUR MEDITERRANEAN SALAD, PESTO & BAKLAVA CONTAIN NUTS.

A 2000 CALORIE DAILY DIET IS USED AS THE BASIS FOR GENERAL NUTRITION ADVICE BUT CALORIES MAY VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST AND AT TAZIKIS.COM/NUTRITION.