



taziki's
MEDITERRANEAN CAFE

MEMPHIS

DINE-IN & TO-GO MENU

DAILY FEATURES

Tuesday and Wednesday features are served with chips (160 cal) and choice of side

MONDAY

Caesar Salad w/
Grilled Shrimp

13.49 (700 cal)

TUESDAY

Spicy Harissa
Chicken Gyro

10.99 (610/770 cal)

WEDNESDAY

Mediterranean
Lamb Burger**

12.49 (860/1,020 cal)

THURSDAY

Soup &
Salad

9.99 (650/870 cal)

FRIDAY - SUNDAY SPECIAL

Taziki's Signature Pasta 10.99 (1,300 cal)

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in Balsamic Vinaigrette, topped with tomatoes, feta, and fresh basil. Served with a baked pita



HOMEMADE DIPS

Served with baked or soft pita



HUMMUS

with Pita

5.99 (850/930 cal)

with Veggies

6.98 (410 cal)

SPICY HARISSA HUMMUS

with Pita

6.49 (850/930 cal)

with Veggies

7.48 (410 cal)

TAZIKI DIP

with Pita

6.49 (660/740 cal)

with Veggies

7.48 (220 cal)

WHIPPED FETA with honey drizzle

with Pita

6.99 (1,050/1,130 cal)

with Veggies

7.98 (610 cal)

SALAD BOWLS

- Add Grilled Chicken (250 cal) +4.00, Chicken Kebobs (2) (280 cal) +4.50,
- Spicy Harissa Chicken (300 cal) +4.00, Grilled Salmon** (340 cal) +7.50,
- Grilled Shrimp (290 cal) +5.00, Grilled Beef** (330 cal) +5.50,
- Grilled Lamb** (380 cal) +7.50

Greek Salad

8.49 (460 cal)

Fresh mixed lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini, kalamata olives, and Greek dressing. Served with a baked pita chip

Mediterranean Salad*

8.49 (730 cal)

Fresh mixed lettuces, garbanzo beans, roasted red peppers, red onions, tomatoes, candied pecans, feta, and balsamic vinaigrette. Served with a baked pita chip

Caesar Salad

8.49 (420 cal)

Fresh mixed lettuces, grated parmesan cheese, croutons, and Caesar dressing

Greek Lemon Chicken Soup

5.49 (290 cal)

Served with soft pita

KID'ZIKIS (12 & UNDER)

Served with a kids drink (0-180 cal), fresh-cut fruit (50 cal) or chips (150 cal) (except Child's Feast)

Sneaky Taziki

5.49 (320 cal)

Chicken and cheddar cheese in a griddled tortilla

Grilled Cheese Pita

4.99 (450 cal)

Cheddar cheese in a griddled pita

Child's Feast

5.99 (360 cal)

Grilled chicken, basmati rice, and fresh-cut fruit

BUILD YOUR OWN FEAST

- Served with one side, choice of salad, and a pita chip.



1 PICK A PROTEIN

Grilled Chicken G
with Taziki sauce

12.49 (420 cal)

GP **Chicken Kebobs** G
with Taziki sauce

12.99 (450 cal)

Spicy Harissa Chicken
with Taziki sauce

12.49 (460 cal)

Grilled Beef** G
with Horseradish sauce

13.99 (660 cal)

Chargrilled Lamb** G
with Taziki sauce

15.99 (610 cal)

Grilled Salmon** G

15.99 (640 cal)

Grilled Shrimp** G

13.49 (400 cal)

Grilled Veggies G V V
with Taziki sauce

10.99 (380 cal)

2 ADD A SALAD

Greek Salad G V V (110 cal)

Mediterranean Salad* G V V (200 cal)

Caesar Salad G V V (80 cal)
(no pita chip included)

3 CHOOSE A SIDE

Basmati Rice G V (210 cal)

Roasted Red Potatoes G V V (190 cal)

PITAS, GYROS & MORE

- Served with chips (160 cal) and choice of Tomato-Cucumber Salad (60 cal),
- Basmati Rice (210 cal), Roasted Red Potatoes (190 cal), or Fresh-Cut Fruit (50 cal).


 **Grilled Chicken** **10.49** (520 cal)
Taziki sauce, tomatoes, mixed lettuce, and grilled onions


Chicken Basil-Pesto* **10.49** (630 cal)
Basil-pesto, tomatoes, and feta

Spicy Harissa Chicken **10.99** (560 cal)
Taziki sauce, tomatoes, mixed lettuce, and grilled onions

 **Grilled Beef**** **11.49** (590 cal)
Taziki sauce, tomatoes, mixed lettuce, and grilled onions


Grilled Lamb** **12.49** (560 cal)
Taziki sauce, tomatoes, mixed lettuce, and grilled onions

Grilled Veggie*  **8.99** (650 cal)
Pesto Aioli, tomatoes, grilled zucchini, squash, onions,
roasted red peppers, and feta

 **Grilled Chicken Roll-Up** **10.49** (720 cal)
Grilled chicken, tomatoes, and feta in a griddled tortilla, served with fresh salsa

Chutney Chicken Sandwich **10.49** (670 cal)
Grilled chicken, Tomato Chutney Aioli, lettuce, and tomatoes
on a kaiser bun

 **Grilled Beef Sandwich**** **11.49** (800 cal)
Grilled onions, melted Swiss, and Horseradish sauce on a kaiser bun

 **Mediterranean Lamb Burger**** **12.49** (810 cal)
Two griddle-cooked seasoned American lamb patties on a toasted kaiser bun
with feta, sliced tomato, grilled onions and red peppers, and Taziki sauce

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SWEETS

*Authentic Greek desserts proudly provided by

HELLAS
AUTHENTIC GREEK
BAKERY

| | |
|--|--------------------|
| Baklava*  | 2.99 (350 cal) |
| Baklava Cheesecake*  | 4.99 (440 cal) |
| Chocolate Chip Cookies  | 2.29 (160-320 cal) |

DRINKS

Proudly serving Coca-Cola products

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|-----------------------|------------------|
| Fountain Drinks & Tea | 2.69 (0/300 cal) |
| Bottled Water | 1.99 (0 cal) |

Indicates items that can be prepared gluten-free, vegetarian, or vegan, upon request.

 Gluten-Free  Vegetarian  Vegan  Taziki's Favorites

FAMILY FEASTS ALSO AVAILABLE

VISIT TAZIKIS.COM

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

*ALLERGEN WARNING: OUR MEDITERRANEAN SALAD, PESTO & BAKLAVA CONTAIN NUTS.

A 2000 CALORIE DAILY DIET IS USED AS THE BASIS FOR GENERAL NUTRITION ADVICE BUT CALORIES MAY VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST AND AT TAZIKIS.COM/NUTRITION.